

AUGUST MEETING

Jim Boyce from the Manly Warringah and Pittwater Historical Society provided a fascinating snapshot of our piece of paradise with his amazing knowledge of the history of the area and lots of wonderful anecdotes which we hope to be able to include in the Newsletter on a regular basis. Of particular interest were the history of the leasehold church land and its link to the assumption that small pox could be carried on the wind, the Dutch origins of the word 'steyne' and discussion as to the reasons the sandy beach at the Bower has all but disappeared.

This was the first time we have filled the classroom at St Pats which was fantastic.

Council Responses

Bower Reserve Fig Tree: Councils Parks staff has carried out additional pruning to the Fig Tree at Bower Reserve as per the Precincts request. The tree will continue to be monitored with regard to further pruning.

Fairy Bower Pool Gate Valve: The Fairy Bower Pool gate valve has been replaced and the outlet pipe has been mechanically cleaned and de scaled. The new gate valve is located in the same position as the previous valve was located – that is on the outside of the pool.

SAVING THE SEAL AND FRIENDS OF CABBAGE TREE BAY.



On Sunday 20 July FOCB volunteers helped to save a lone seal that was spotted on the rocks at the bower. ORCCA and National Parks were immediately contacted.

The ORCCA representative said "Your volunteers down there were amazing! They spotted the lone seal on the rocks, called ORCCA and then National Parks came down. The binoculars were used to monitor the seal at a safe distance as to not put the seal under any stress.. The seal was in poor condition– looking very thin and with a sore eye. National Parks took over a cordoned off the area around the seal. ORCCA volunteers monitored the seal over night and then called Taronga Zoo to come down to collect the seal which didn't look much better. As the Taronga volunteers moved down to collect the seal it suddenly disappeared into the water! The eye appeared to have cleared up. Please thank the volunteers who were on duty who were incredibly helpful and gave their full support to ORCCA & National Parks – they were fantastic!" –

If you would like to volunteer for the Friends of Cabbage Tree Bay please call Robynne Millward of the Manly Environment Center 99761426. It is a very rewarding group to be involved with.

Heritage Walk and Marine Parade Vegetation Management Plan:

Manager of Parks and Reserve is preparing a proposal to respond to the Precinct for its consideration. This proposal is due to be completed by the end of August.

Marine Parade drafting of a Masterplan: An early draft Master plan has been commenced and the Public Domains committee working party has the draft plan for its consideration. Following on from this and in response to John Lehmann's detailed research those present voted unanimously to support a motion for the removal of the Kaffir Plum tree at the end of Redall and Bower St.

Manly 2015

Penny reiterated the Precinct's decision not to become involved in the politics of Manly 2015. Hugh Burns provided a brief update of the current status of the plan which was on the Council agenda last Monday night. The DA for the car park under the oval was deferred subject to a workshop being held for Councillors in conjunction with further consideration of the Office of Local Government's Review into Manly 2015.

PIONEER CLUBHOUSE'S FIRST COMMUNITY MARKET DAY



Saturday 25 October 2 Quirk Rd Balgowlah

Pioneer Clubhouse is a psychosocial rehabilitation service running programs for adults living with mental illness. To celebrate Mental Health Month they will be hosting Pioneer Community Market Day, a project which aims to promote social integration by encouraging

participation in a social enterprise run by and for the community.

The Pioneer Community Market is a vibrant Maker's Market/ Festival. It will showcase many of the talents that the members of the service have to offer by including arts and crafts created in our art programs, food from our cafe, plants propagated from our garden and a variety of music and entertainment performed by members.

Donations of any good quality clothing, books, toys and CD's very much appreciated or perhaps you would like to have your own stall.

Please contact Louise, Chiaki, or Nicole for more information.

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THE DARLEY DAYS DIGEST BY SARAH REID

The last four Thursdays have found The Hubby & I at some old staples as we dined at **Ashiana** (2 Sydney Road), Mira (47 East Esplanade) and **Jipang** (37-39 the Corso). We also ticked off the list a 'new to us' eatery, **Fika** (58 Market Lane).

Back in the day, there use to be a handful of Indian restaurants around town but with our recent count, there are only two left. **Ashiana** has been in Manly for as long as I can remember and is our go-to choice for Indian cuisine in town. We find it a challenge not to loosen our belts after a meal, as the curries are absolutely delicious, fulfilling and pack a punch when required. Plus we always seem to overdo it on the naan bread... but can you blame us, they are just so soft, warm and devilishly good! We recommend you head up the stairs, the next time you fancy some Indian.

After an 8-day business trip, The Hubby & I chose **Mira** for its close location to the wharf where I would be disembarking that evening but also for its quiet intimate courtyard space. We have been to Mira a few times, with large groups of friends as well as just the two of us, and what we discovered is choosing to dine on the deck or front courtyard provides a unique and romantic atmosphere. Sitting outside affords you the privacy to dine and enjoy each others company but you are also subtly aware of Manly buzzing around you in all her glory. Overall, we rate Mira's sushi rolls, which are beautifully presented, generous in size and incredibly tasty; and enjoying them under the stars is something we will go back for time and time again.

Have you heard of **Fika**? It popped up on the scene across from the Manly Library entrance just over a year ago and specialises in Swedish fare, a first for the area. Fika is a Swedish word that translates as 'taking a break for coffee and a bite to eat' according to the rhetoric throughout the cafe. However, the team go on to explain it is more than that... "It's a moment to relax, to catch up with your family and to laugh with your friends. It's making up for lost time, or part of your daily ritual. A cosy escape, or a refreshing pause. It's the time between meals, the place between destinations. I don't know about you, but appreciating the definition of Fika, gives me the warm and fuzzies and total resonates with me. Oh the Swedes...they are so clever! Our whole experience at Fika was indeed a refreshing pause and place to relax and catch up. The food was tasty and affordable and the beverage options were a pleasant surprise too. The founders have indeed brought the Scandinavian culture and combined it beautifully with the modern Australian lifestyle. Sweden and Australia might be on opposite ends of the world but there is something truly kindred about the two. Don't you think?

Our last eatery this month was one that The Hubby & I do frequent regularly, **Jipang**, the Japanese noodle house. By our account they have the best gyroza in town and provide a cheap and cheerful meal that always leaves us satisfied. Their location inside the alleyway between the Corso and Market place is such an incredible thruway that you are bound to see someone you know walk by. Also, I love that the staff have adopted the Australian flag bandanas for headwear as part of their uniform. It is a small touch that distinguishes Jipang and makes me smile.

To read the full review of these eateries, follow The Hubby & I on our journey by subscribing to the blog at darleydays.com or [@darleydays](http://darleydays) if you are on instagram. Plus, we have compiled **The Eatery List** on the blog, which catalogs all the eateries in Manly and links you to their websites too.

Check it out!

